

# ***It's not too late to Vaccinate!***

**If you didn't get your flu shot—  
Now you can!**

With the flu vaccine shortage, many people had to forego their flu shots. If you or someone in your home missed out this fall, get your flu shot now.

Health experts warn that flu season can cause serious illness in February, March and even April. It's not too late to vaccinate!

Protect yourself and your loved ones.  
Get your flu shot here:



## **Who Needs a Flu Shot?**

- Anyone who doesn't want to catch the flu. There are no restrictions.
- Every adult, 50 years and older.
- Individuals with chronic medical conditions like asthma, diabetes, and their close contacts.
- All women who will be pregnant during influenza season and their close contacts.
- Residents of nursing homes or long-term care facilities, and their close contacts.
- Babies 6–23 months old and their families.
- Family members and others who live with or care for either infants younger than 6 months or a senior, 65 years and older.
- Health care and emergency service workers.

**For more information on flu and flu vaccine, go to: [www.dhs.ca.gov](http://www.dhs.ca.gov) or [www.cdc.gov](http://www.cdc.gov)**